

OSCARVILLE TRADITIONAL COUNCIL

P. O. BOX 6129

NAPASKIAK, ALASKA 99559

OFFICE PHONE NUMBER: (907) 737-7099 OFFICE FAX NUMBER: (907) 737-7428

OTC-ADMINISTRATION

Michael Stevens
OTC-Tribal Administrator

William Henry
OTC- Tribal Bookkeeper

DATE: March 30, 2020
TO: Community of Oscarville
FROM: OSCARVILLE TRADITIONAL COUNCIL
RE: Covid-19

- Practice the stay at home mandate Anchorage has enforced. 3/22/2020 to reevaluate at 4/11/2020 (The “Hunker down” mandate). Wash your hands often.
- 2 basin method: use 2 basins, wet hands in one basin, scrub or rub hands, back of hands, between fingers, under fingernails for 20 seconds with soap, rinse hands in other basin, throw out water in both basins after a couple uses.
- Sink Method: Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap. Lather your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers, and under your nails. Scrub your hands for at least 20 seconds. Need a timer? Hum the “Happy Birthday” song from beginning to end twice. Rinse your hands well under clean, running water. Dry your hands using a clean towel or air dry them.
- Non-essential travel is restricted.
- Do not gather 10 people or more at all times, practice the 6 feet away rule, No handshaking
- All essential travel trips to the store, post office, Bethel Hospital, Work, are accepted. Also most subsistence and gathering activities are still okay as long as you practice Social Distancing (the 6 feet away from people rule).
- Cease all visiting and only resort to telecommunication devices.
- Oscarville School will be trying digital school as soon as most households with students receive equipment from GCI.
- This serious pandemic is spreading slowly.
- The Tribal council of Oscarville has verbally met via telephone to enforce a stricter rule of locking down all households, businesses and stay in home as soon as there is a positive result in nearby Bethel, AK, or within 200 miles radius of Oscarville.
- YKHC testing availability only by appointment (907)543-6949 as the testing kits is in much demand nationally they are only testing. YKHC is only testing at risk individuals according to criteria as defined by the State Department of Epidemiology.
- OTC can distribute some cleaning supplies and disinfecting supplies on demand to tribal elders and members. We have limited supplies so we can only give limited supplies

OTC-BOARD MEMBERS

Marie Jacob
OTC- President

Nicholai M. Steven
OTC-Vice President

Olga J. Mesak
OTC- Secretary/Treasurer

Ignati Jacob
OTC-Chief Council Member

Alexander Joekay
OTC-Council Member

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- Keep up to date on the Covid-19 situation by radio (KYUK), News (KTUU, Tundra drums, delta discovery, ADN, etc...)
- Follow all federal, state and local laws,
- OTC staff is planning on working remotely from home as soon as equipment is ready at staff homes. For now we have shortened our hours to half days 8am to 12pm. M-F.
- Do not gather 10 or more people in one place, keep practicing social distancing, wash hands every so often especially after going out of home, clean and disinfect common areas, doorways, light switches, door knobs, toilet, sinks, remotes, and controllers, etc..
- Attached are public posts about covid-19, if returning or coming from Anchorage or out of state please quarantine yourself in designated area or face jail time to one year or \$25,000.00 as Health Mandate 10.1 expresses below Also Health Mandate 012:

Health Mandate 10.1 – International and Interstate Travel – Order for Self-Quarantine Effective 12:01 a.m. March 25, 2020:

All people arriving in Alaska, whether resident, worker or visitor, are required to self-quarantine for 14 days and monitor for illness. Arriving residents and workers in self-quarantine, should work from home, unless you support critical infrastructure (see Attachment A).

Critical infrastructure is vital to keeping Alaska safe, and as a result businesses and employees of critical infrastructure industries must take special care to protect their staff and operations during this pandemic. If your business is included in Attachment A, and your workers must travel to enter Alaska, you must submit a plan or protocol for maintaining critical infrastructure to the Department of Commerce, Community and Economic Development by 3:00 p.m. March 24, outlining how you will avoid the spread of COVID-19 and not endanger the lives of the communities in which you operate, of others who serve as a part of that infrastructure or the ability of that critical infrastructure to function.

Pursuant to the Governor's declaration, the State of Alaska hereby orders the following. Upon arrival in any community in Alaska from another state or nation, you must:

Proceed directly from the airport to your designated quarantine location, which is the location identified and affirmed by you on the mandatory State of Alaska Travel Declaration Form (attached).

If you are a resident, your designated quarantine location is your residence.

If you are a visitor or worker, your designated quarantine location is your hotel room or rented lodging.

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Remain in your designated quarantine location for a period of 14 days, or the duration of your stay in Alaska, whichever is shorter.

You may leave your designated quarantine location only for medical emergencies or to seek medical care.

Do not visit any public spaces, including, but not limited to: pools, meetings rooms, fitness centers or restaurants.

Do not allow visitors in or out of your designated quarantine location other than a physician, healthcare provider, or individual authorized to enter the designated quarantine location by Unified Command.

Comply with all rules or protocols related to your quarantine as set forth by your hotel or rented lodging.

If you are required to self-quarantine and there are other individuals in your residence, hotel room, or rented lodging, you are required to comply with social distancing guidelines.

This mandate supersedes any local government travel restrictions.

The failure to follow this order is punishable by a fine of up to \$25,000, or imprisonment of not more than one year, or both pursuant to Alaska Statute 12.55.035 and Alaska Statute 12.55.135

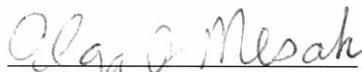
- City of Bethel has declared an emergency and funding should soon be available for the community of Bethel and outlying region.
- Oscarville Traditional Council hasn't declared an emergency as of yet, they will only declare an emergency when covid-19 has gotten close to 200 miles from village.

Sincerely,

OSCARVILLE TRADITIONAL COUNCIL



Nicholai Steven
O.T.C. - Vice President



Olga J. Mesak
O.T.C.-Secretary

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Protect Yourself and Others From COVID-19



Know How it Spreads

- The best way to prevent illness is to avoid being exposed to this virus
- The virus is thought to spread mainly from person-to-person
 - » Between people who are in close contact with one another (within about 6 feet)



Clean Your Hands Often

- **Wash your hands often** with soap and water for at least 20 seconds
- If soap and water are not readily available, **use a hand sanitizer that contains at least 60% alcohol**. Cover all surfaces of your hands and rub them together until they feel dry



Avoid Close Contact

- **Avoid close contact** with people who are sick.
- Put **distance between yourself and other people** if COVID-19 is spreading in your community. This is especially important for people who are at higher risk of getting very sick.



Stay Home If You're Sick

- **Stay home** if you are sick, except to get medical care.
- **If you have been out of state in the past two weeks and you have a fever, cough and shortness of breath, call ahead before seeking care.**
 - » In villages, call your clinic. In Bethel, call 543-6949.



Clean and Disinfect

- **Clean AND disinfect frequently touched surfaces daily.** This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.
- **If surfaces are dirty, clean them:** Use detergent or soap and water prior to disinfection.



COVID-19 Disinfection for YK Delta Homes

Protect yourself and others from COVID-19.

Avoid close contact (within 6 feet) with others, stay home if you're sick, clean and disinfect frequently touched surfaces daily, and wash your hands often. If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol.

Here are some things that homes without running water can do using household bleach.

Using bleach to disinfect surfaces

Wear gloves to protect your hands from bleach.

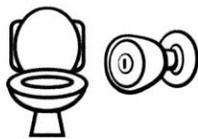


Mix 4 teaspoons liquid bleach with 1 quart of water to make a **strong** cleaning solution (500-800 ppm).



First, clean soiled surfaces to remove dirt and grime.

Next, wipe the bleach solution on "high touch" hard surfaces daily like door knobs, light fixtures, tables, counters, toys, toilet handles, faucet handles, and sinks.



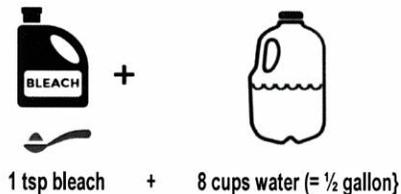
Leave the surfaces wet for 10 minutes, enough time to kill the germs. Rewipe if needed.



Using a handwashing basin

If you use a handwashing basin, make sure the water in the basin is changed regularly during the day.

Consider adding a small amount of bleach to basin water, so that germs don't grow. Add



1 teaspoon liquid bleach to a half gallon of water. This will create a **mild** bleach solution, slightly stronger than pool water.



Soapy wash water



Rinse water (with bleach)

Having two separate basins is best – one for soapy wash water and one for clean rinse water (with bleach).

Do NOT mix dish soap in with the bleach solution.

For more information: <https://www.cdc.gov/coronavirus/2019-ncov/prepare/cleaning-disinfection.html>

Home care for people with suspected or confirmed COVID-19

Take care of yourself and your family

For caregivers

Ensure the ill person rests, drinks plenty of fluids and eats nutritious food.

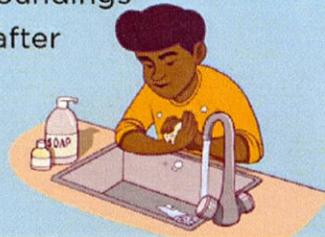


Wear a medical mask when in the same room with an ill person. Do not touch the mask or face during use and discard it afterward.



Frequently clean hands with soap and water or alcohol-based rub, especially:

- after any type of contact with the ill person or their surroundings
- before, during and after preparing food
- before eating
- after using the toilet



Use dedicated dishes, cups, eating utensils, towels and bedlinens for the ill person. Wash dishes, cups, eating utensils, towels, or bedlinens used by the ill person with soap and water.



Identify frequently touched surfaces by the ill person and clean and disinfect them daily.



Call your health care facility immediately if the ill person worsens or experiences difficulty breathing.



Alaska Small Community Emergency Travel Order
(Attachment B)
Amended March 27, 2020

Issued: March 27, 2020

By: Governor Mike Dunleavy
Commissioner Adam Crum, Alaska Department of Health and Social Services
Dr. Anne Zink, Chief Medical Officer, State of Alaska

To prevent the spread of the disease caused by the coronavirus (COVID-19), the State of Alaska is issuing this Order based on its authority under the Public Health Disaster Emergency Declaration signed by Governor Mike Dunleavy on March 11, 2020.

This Order remains in effect until amended, rescinded, or superseded by further Order of the Governor. Certain emergency travel is imperative during the COVID-19 pandemic for both public health and safety as well as community well-being.

I. ORDER APPLICABILITY

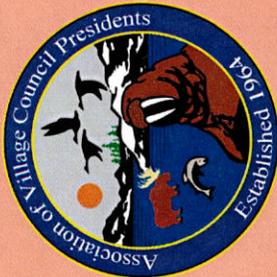
- a. This Order is applicable to Alaskan communities that are removed from the road system, have a population smaller than 3,000, and do not house a hub hospital managed by the tribal healthcare system (“Small Community”).

II. SMALL COMMUNITY TRAVEL RESTRICTIONS AND EXCEPTIONS

- a. A Small Community (as defined in Subsection I.a. above) may adopt travel restrictions that are more restrictive than otherwise permitted in Health Mandate 012. Small Communities may not prohibit, or restrict in any manner, the following emergency travel:
 - i. Emergency First Responders (includes fire, ambulatory services, and other similar emergency first responders).
 - ii. Law Enforcement acting within their official duties (this includes federal, state, and local law enforcement personnel); and
 - iii. Office of Children’s Services personnel responding to reports of child abuse and neglect and insuring child safety.

III. DUTIES OF AIR CARRIERS AND OTHER TRAVEL RELATED BUSINESSES

- a. Air carriers and other travel related businesses conducting travel to Small Communities shall inquire if travelers are permitted to travel under this Order and shall rely upon a traveler’s assurance that they are eligible to travel. Air carriers and other travel related businesses shall have no other duty or obligation to verify that travelers meet the criteria for permissible travel under this Order.



Our number one priority is the safety of our employees, the tribes, and the tribal members we serve.

We know that much of our AVCP family is experiencing anxiety and concern due to the COVID-19 pandemic. We share your concerns and take our responsibility to protect our employees and those we serve while at the same time continuing to provide community development, education, social services, culturally relevant programs, and advocacy for the people and Tribes of the AVCP Region.

AVCP has formed a COVID-19 Response Team to provide guidance during this time. Here are the decisions and actions that have been taken to protect the safety of our AVCP family based on the Response Team's recommendations:

Cancellations and Closures

- All meetings, conferences, and events have been cancelled/postponed until further notice. As plans are made for rescheduling or offering the information through other means, that information will be available at avcp.org.
- All Head Start center-based locations are closed. Our Head Start team is developing a plan to provide distance learning/learn-at-home options for our students. Arrangements will be made to continue providing meals for our students.
- All employee travel has been suspended.

Cancellations and Closures

- Identifying which services must be provided at physical office locations; what work may be done remotely; and requirements for social distancing in all office locations.
- Increasing routine environmental cleaning and making supplies available to all Bethel-based and village-based staff.
- To further protect our employees and our elders, effective **March 19th**, clients must call to make an appointment before coming into AVCP offices (both in Bethel and the villages).
- No employees or guests who are sick (showing or experiencing symptoms such as fever, cough, or shortness of breath) will be allowed in AVCP facilities.
- Employees who have traveled out-of-the State in the last 14 days must contact their supervisor before returning to work.

This situation is evolving rapidly and constantly. We will keep you informed. Please check our website and Facebook page regularly for updates. For the health and safety of your own family, we encourage you to monitor our sister organization, the Yukon Kuskokwim Health Corporation's, website at www.ykhc.org/covid-19 and follow the recommendations there.



Akiak
Akiachak
Alakanuk
Andreafsky
Aniak
Anvik
Atmautluak
Bethel
Bill Moore's Slough
Chefornak
Chevak
Chuathbaluk
Chuloonawick
Crooked Creek
Eek
Emmonak
Georgetown
Grayling
Hamilton
Holy Cross
Hooper Bay
Kasigluk
Kipnuk
Kongiganak
Kotlik
Kwethluk
Kwigillingok
Lime Village
Lower Kalskag
Marshall
Mekoryuk
Mountain Village
Napaimute
Napakiak
Napaskiak
Newtok
Nightmute
Nunam Iqua
Nunapitchuk
Ohogomiut
Oscarville
Paimute
Pilot Station
Pitka's Point
Quinhagak
Red Devil
Russian Mission
Scammon Bay
Shageluk
Sleetmute
St. Mary's
Stony River
Toksook Bay
Tuluksak
Tuntutuliak
Tununak
Umkumiut
Upper Kalskag

To the Tribal Communities of the YK Delta,

The State of Alaska and YKHC has been aggressively monitoring the situation regarding the novel Coronavirus (COVID-19). We have activated our Incident Command Center in response to this pandemic. We take this pandemic seriously. The health and safety of our patients is our primary priority.

On 3/18/20, we spoke to Dr. Anne Zink, Chief Medical Officer for the State of Alaska regarding returning medical providers who return from out of region travel. She issued guidance that staff could return to work if they utilized PPE including mask and gloves during patient care. Staff are required to perform daily self-monitoring of temperature and symptoms for 14 days. This is beyond the surveillance required by the state, but we have broadly implemented it as a mandatory YKHC protocol.

We cannot perform COVID 19 screening for returning health aides or other village inhabitants that do not meet the testing criteria at this time, as there is a national shortage of testing supplies. We are only testing at risk individuals according to criteria as defined by the State Department of Epidemiology.

We are honored and privileged to serve the community of the Yukon Kuskokwim delta. This is a rapidly changing situation and therefore, we encourage every member Tribe to join our weekly teleconference to discuss this matter and YKHC's COVID-19 preparation. Please send your email address, name and telephone number to: publicrelations@ykhc.org to join our weekly teleconference. We also encourage you to go to www.ykhc.org or listen to your local AM radio station for further guidance and public service announcements.

Do not hesitate to reach out to us if you have any questions or concerns.

With gratitude,

Dr. Ellen Hodges
Chief of Staff

Dr. Elizabeth Bates
Infection Control Officer

novel Coronavirus (COVID-19)